

Package leaflet: Information for the patient

**Bicalutamide 150 mg film-coated tablets
Bicalutamide**

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What this medicine is and what it is used for
2. What you need to know before you take this medicine
3. How to take this medicine
4. Possible side effects
5. How to store this medicine
6. Contents of the pack and other information

1. What this medicine is and what it is used for

This medicine contains an active substance called bicalutamide, which belongs to a group of medicines called 'anti-androgens'.

- Bicalutamide is used to treat prostate cancer.
- It works by blocking the effects of male hormones such as testosterone.

Bicalutamide 150 mg can be used alone but can also be given as part of a combination treatment to patients that have had their prostate removed. Additionally in combination with radiation therapy for the treatment of prostate cancer, whereby the cancer has spread from the capsule of the prostate gland

to the close surrounding tissue. These patients are at high risk for the cancer to spread.

2. What you need to know before you take this medicine

Do not take this medicine if:

- You are allergic to bicalutamide or any of the other ingredients of this medicine (listed in Section 6).
- You are already taking a medicine called cisapride or certain anti-histamine medicines (terfenadine or astemizole).
- You are a woman.

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking this medicine.

Warnings and precautions

Talk to your doctor or pharmacist before taking this medicine if:

- You have problems with your liver. Your doctor may do blood tests before and during your treatment with this medicine.
- You have any heart or blood vessel conditions, including heart rhythm problems (arrhythmia), or are being treated with medicines for these conditions. The risk of heart rhythm problems may be increased when using bicalutamide.
- You are taking bicalutamide, you and/or your partner should use birth control while you are taking bicalutamide and for 130 days after stopping bicalutamide. Talk to your doctor if you have any questions about birth control.

If you go into hospital, tell the medical staff that you are taking this medicine.

Children and adolescents

Bicalutamide must not be given to children or adolescents.

Tests and checks

Your doctor may do blood tests to check for any changes to your blood.

Other medicines and Bicalutamide

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes medicines obtained without a prescription and herbal medicines. This is because this medicine can affect the way other medicines work. Also some other medicines can affect the way this medicine works.

Do not take this medicine if you are already taking any of the following medicines:

- Cisapride (used for some types of indigestion).
- Certain anti-histamine medicines (terfenadine or astemizole).

Bicalutamide might interfere with some medicines used to treat heart rhythm problems (e.g. quinidine, procainamide, amiodarone and sotalol) or might increase the risk of heart rhythm problems when used with some other drugs (e.g. methadone (used for pain relief and part of drug addiction detoxification), moxifloxacin (an antibiotic), antipsychotics used for serious mental illnesses).

Tell your doctor or pharmacist if you are taking any of the following medicines:

- Medicines taken by mouth to prevent blood clots (oral anti-coagulants). Blood thinners or medicines to prevent blood clots. Your doctor may do blood tests before and during your treatment with this medicine.
- Ciclosporin (to suppress your immune system).
- Calcium channel blockers (to treat high blood pressure or some heart conditions).
- Cimetidine (for stomach problems).
- Ketoconazole (to treat infections caused by a fungus).

Pregnancy, Breast-feeding and fertility

Bicalutamide is contraindicated in females and must not be given to women. Tell your doctor or pharmacist if you are taking using, have recently taken used or might take use any other medicines.

Driving and using machines

- This medicine is not likely to affect your ability to drive or use any tools or machines.
- However, some people may occasionally feel sleepy while taking this medicine. If this happens to you, ask your doctor or pharmacist for advice.

Sunlight or Ultraviolet (UV) light

Avoid direct exposure to excessive sunlight or UV-light while you are taking this medicine.

This medicine contains lactose

Lactose is a type of sugar.

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

Information on sodium content

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium free'.

3. How to take this medicine

Always take this medicine exactly as described in this leaflet or as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

- The recommended dose for an adult is one tablet each day.
- Swallow the tablet whole with a drink of water.
- Try to take your tablet at the same time each day.
- Do not stop taking this medicine even if you feel well, unless your doctor tells you to.

Use in children and adolescents

Bicalutamide must not be given to children.

If you take more of this medicine than you should

If you take more of this medicine than you should, talk to a doctor or go to a hospital straight away.

If you forget to take this medicine

- If you forget to take a dose, skip the missed dose and take the next dose as usual.
- Do not take a double dose to make up for the forgotten dose.

If you stop taking this medicine

Do not stop taking your tablets, even if you feel well unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Tell your doctor straight away if you notice any of the following side effects- you may need urgent medical treatment:

Allergic reactions (uncommon, may affect up to 1 in 100 people)

The symptoms can include sudden onset of:

- Rash, itching or hives on the skin.
- Swelling of the face, lips, tongue, throat or other parts of the body.
- Shortness of breath, wheezing or trouble breathing.

If this happens to you, **see a doctor straight away**.

Also tell your doctor straight away if you notice any of the following:

Common (may affect up to 1 in 10 people)

- Yellowing of the skin or whites of your eyes (jaundice). These may be signs of liver problems or in rare cases (may affect up to 1 in 1,000 people) liver failure.
- Pain in your abdomen.
- Blood in your urine.

Uncommon (may affect up to 1 in 100 people)

- Serious shortness of breath or shortness of breath which suddenly gets worse. This may be with a cough or high temperature (fever). These may be signs of an inflammation of the lungs called 'interstitial lung disease'.

Not known (frequency cannot be estimated from the available data)

- Changes in ECG (QT prolongation).

Other possible side effects:

Very common (may affect more than 1 in 10 people)

- Skin rash.
- Swelling and tenderness of your breasts.
- Feeling weak.

Common (may affect up to 1 in 10 people)

- Hot flushes.
- Feeling sick (nausea).
- Itching.
- Dry skin.
- Problems getting an erection (erectile dysfunction).
- Putting on weight.
- Reduced sex drive and reduced fertility.
- Hair loss.
- Hair re-growth or growth of extra hair.
- Low levels of red blood cells (anaemia). This may make you feel tired or look pale.
- Loss of appetite.
- Depression.
- Feeling sleepy.
- Indigestion.
- Dizziness.
- Constipation.
- Wind (flatulence).
- Chest pain.

- Swelling.

Rare (may affect up to 1 in 1,000 people)

- Increased skin sensitivity to sunlight.

Your doctor may do blood tests to check for any changes to your blood. Do not be concerned by this list of side effects. You may not get any of them.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store this medicine

- Keep this medicine out of the sight and reach of children.
- This medicinal product does not require any special storage conditions
- Do not use this medicine after the expiry date which is stated on the label after EXP. The expiry date refers to the last day of that month.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What this medicine contains

- The active substance is bicalutamide. Each film-coated tablet contains 150 mg of bicalutamide.
- The other ingredients are:
Tablet core: lactose monohydrate, povidone, sodium starch glycolate, magnesium stearate. **Film-coating:** hypromellose, titanium dioxide (E171), propylene glycol.

What this medicine looks like and contents of the pack

- These tablets are white, round, biconvex, scored film coated tablets.
- This medicine is available in packs 10, 14, 20, 28, 30, 40, 50, 56, 80, 84, 90, 100, 140, 200, and 280 tablets. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

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Manufacturer:

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To request a copy of this leaflet in Braille, large print or audio format then please contact the marketing authorisation holder at the address (or telephone, fax, email) above.

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