

Package leaflet: Information for the patient**Carbocisteine 375 mg Capsules,
Hard**

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Carbocisteine is and what it is used for
2. What you need to know before you take Carbocisteine
3. How to take Carbocisteine
4. Possible side effects
5. How to store Carbocisteine
6. Contents of the pack and other information

**1. What Carbocisteine is and
what it is used for**

Carbocisteine 375 mg Capsules, Hard (called Carbocisteine Capsules in this leaflet) contain a medicine called carbocisteine. This belongs to a group of medicines called 'mucolytics'. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Carbocisteine Capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made or the mucus is too sticky.

**2. What you need to know before
you take Carbocisteine**

Do not take this medicine and tell your doctor if:

- You are allergic (hypersensitive) to active substance or any of the other ingredients of this medicine (listed in section 6). Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have an ulcer in your stomach or gut.

Do not take this medicine if any of the above apply to you. If you are not sure, talk to

your doctor or pharmacist before taking Carbocisteine Capsules.

Warnings and precautions

Talk to your doctor or pharmacist before taking this medicine if:

- You are elderly.
- You have had an ulcer in your stomach or gut.
- You are taking other medicines known to cause bleeding in the stomach.

Pregnancy and breast-feeding

- If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. This medicine should not be taken during the first three months of your pregnancy.
- Talk to your doctor or pharmacist if you are breast-feeding or planning to breast-feed.

Driving and using machines

This medicine is not known to cause any effect on the ability to drive and use machines.

Carbocisteine Capsules contain Lactose and Sodium

- Lactose. This is a type of sugar. If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking Carbocisteine Capsules.

Sodium: This medicine contains less than 1 mmol sodium (23 mg) per capsule, that is to say essentially 'sodium-free'.

3. How to take Carbocisteine Capsules

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Take this medicine by mouth
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor

How much to take**Adults (including the elderly)**

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

Children

- Carbocisteine Capsules are not recommended for children. A paediatric syrup is available for use in children

If you take more Carbocisteine Capsules than you should

If you take more Carbocisteine Capsules than you should, tell a doctor or go to a hospital casualty

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department straightaway. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Carbocisteine

Capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

If you forget to take Carbocisteine Capsules

If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop taking Carbocisteine Capsules and see a doctor or go to a hospital straight away if:

- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'

- You have blood in your vomit or black tarry stools.

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

- Feeling sick (nausea) or being sick (vomiting)
- Diarrhoea
- Stomach pain

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Carbocisteine Capsules

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.
- This medicinal product does not require any special storage conditions.

- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Carbocisteine Capsules contain

- Each capsule contains 375mg of the active substance, carbocisteine.
- The other ingredients are lactose monohydrate, colloidal anhydrous silica, sodium lauryl sulfate, magnesium stearate, gelatin, Iron Oxide Yellow (E172), and titanium dioxide (E171). The printing ink contains shellac, strong ammonia solution, black iron oxide (E172).

What Carbocisteine Capsules look like and contents of the pack

- Carbocisteine Capsules are size "1" hard gelatin capsule having yellow cap & yellow body printed with "375" in black ink and containing a white to off white powder.
- This medicine is available in blister packs of 6, 18, 30 or 120 capsules and HDPE bottles packs containing 30 or 100 capsules. Not all pack sizes may be marketed.

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